

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Please Note: Calendar is subject to change.			1 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History 10:30 Morning Hydration and Refreshments 11:00 Wheel of Fortune/Manicures/Nail Care 11:30 Balloon Volleyball with Fox Rehab 1:00 Core Classic with Fox Rehab 2:00 Sing Along with Lisa 2:30 Afternoon Munch and Mingle 3:00 Artistic Expressions: Painting Stars 4:00 Toss and Talk 6:00 Art Stamping: Paper Roll Fireworks 7:00 Evening Bites and Beverages	2 9:30 Morning Music and Simple Stretches 10:00 Parachute Fun with Fox Rehab 10:30 Morning Hydration and Refreshments 11:00 Gardening Club/Patio Time 1:00 Thursday Classic with Fox Rehab 2:00 Scenic Drive/Bull's Eye Competition 2:30 Afternoon Munch and Mingle 3:00 Movie Matinee/One-on-One Room Visits 4:00 Charades 6:00 Word Unscramble 7:00 Evening Bites and Beverages	3 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History 10:30 Morning Hydration and Refreshments 11:00 Bingo/Aromatherapy Hand Massages 1:30 Summertime Reminiscing 2:00 Bowling 2:30 Afternoon Munch and Mingle 3:15 Musical Entertainment with Gypsy Sojourn 4:00 Vacation Destination: 6:00 Manicures/Nail Care 7:00 Evening Bites and Beverages	4 9:30 Morning Music and Simple Stretches 10:00 The Perk/Word Games 10:30 Morning Hydration and Refreshments 11:30 Patriotic Finish the Lyric 1:30 A to Z: Independence Day 2:00 Hymn Sing with Phoebe 2:30 Afternoon Munch and Mingle 3:00 Cornhole Competition 4:00 Patriotic Sing Along 6:00 4th of July Word Games 7:00 Evening Bites and Beverages Independence Day (U.S.)
5 9:30 Morning Music and Simple Stretches 10:00 The Perk/Daily Chronicle Discussion 10:30 Morning Hydration and Refreshments 11:30 Walking Club 1:30 Mid-Day Mobility Exercise Class 2:00 Daily Dose of Humor 2:30 Afternoon Munch and Mingle 3:00 Sing Along with Sarah 4:00 Bible Stories for Seniors with Trivia 6:00 Balloon Games 7:00 Evening Bites and Beverages	6 9:30 Morning Music and Simple Stretches 10:00 The Perk/Trivia 10:30 Morning Hydration and Refreshments 11:00 Bowling with Fox Rehab 1:00 Noodle-cise with Fox Rehab 2:00 Quiz Blitz 2:30 Afternoon Munch and Mingle 3:00 Cover the Number/Sensory Bins 4:00 Toss and Talk 6:00 Scattergories 7:00 Evening Bites and Beverages	7 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History 10:30 Morning Hydration and Refreshments 10:30 Sing Along with Phoebe 11:30 Visual Quiz 1:00 Sit-n-Fit with Fox Rehab 2:00 Virtual Trip 2:30 Afternoon Munch and Mingle 3:00 Kickball 4:00 Trivia 6:00 Ring Toss 7:00 Evening Bites and Beverages	8 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History 10:30 Morning Hydration and Refreshments 11:00 Jeopardy/Manicures/Nail Care 11:30 Balloon Volleyball with Fox Rehab 1:00 Core Classic with Fox Rehab 2:00 Rebus Puzzles 2:30 Afternoon Munch and Mingle 3:00 Creative Expressions: Scratch Art 4:00 Sorting 6:00 Creative Coloring 7:00 Evening Bites and Beverages	9 9:30 Morning Music and Simple Stretches 10:00 Parachute Fun with Fox Rehab 10:30 Morning Hydration and Refreshments 11:00 Gardening Club/Patio Time 1:00 Thursday Classic with Fox Rehab 2:00 Scenic Drive/Sing Along 2:30 Afternoon Munch and Mingle 3:00 Movie Matinee/One-on-One Room Visits 4:00 Finish the Line 6:00 Category Word Game: PEACH 7:00 Evening Bites and Beverages	10 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History 10:30 Morning Hydration and Refreshments 11:00 Fun Friday with Fox Rehab 11:30 Decorate Cupcakes 1:00 Full Body Pump with Fox Rehab 2:00 White Board Word Games 2:30 Afternoon Munch and Mingle 3:00 Musical Entertainment with Joey D. 4:00 White Board Games 6:00 Mixed Media: Jelly Fish 7:00 Evening Bites and Beverages	11 9:30 Morning Music and Simple Stretches 10:00 The Perk/Word Games 10:30 Morning Hydration and Refreshments 11:30 Noodle Ball 1:30 Quiz Blitz 2:00 Hymn Sing with Phoebe 2:30 Afternoon Munch and Mingle 3:00 Tic Tac Toe Toss 4:00 Higher or Lower? 6:00 Watercolor Painting 7:00 Evening Bites and Beverages
12 9:30 Morning Music and Simple Stretches 10:00 The Perk/Daily Chronicle Discussion 10:30 Morning Hydration and Refreshments 11:30 Walking Club 1:30 Cornhole Competition 2:30 Afternoon Munch and Mingle 3:00 Jeopardy Trivia Challenge 4:00 Bible Stories for Seniors with Trivia 6:00 Summer Pictionary 7:00 Evening Bites and Beverages	13 9:30 Morning Music and Simple Stretches 10:00 The Perk/Trivia 10:30 Morning Hydration and Refreshments 11:00 Bowling with Fox Rehab 1:00 Noodle-cise with Fox Rehab 2:00 Riddle Me This 2:30 Afternoon Munch and Mingle 3:00 Name That Tune 4:00 Conversation Uno 6:00 Balloon Basketball 7:00 Evening Bites and Beverages	14 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History 10:30 Morning Hydration and Refreshments 10:30 Sing Along with Phoebe 11:30 Can You List It? 1:00 Sit-n-Fit with Fox Rehab 2:00 Would You Rather? 2:30 Afternoon Munch and Mingle 3:00 Creative Expressions: Air Clay 4:00 Mind Joggers 6:00 A to Z: A Day at the Aquarium 7:00 Evening Bites and Beverages	15 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History 10:30 Morning Hydration and Refreshments 11:00 Wheel of Fortune/Manicures/Nail Care 11:30 Balloon Volleyball with Fox Rehab 1:00 Core Classic with Fox Rehab 2:00 Sing Along with Lisa 2:30 Afternoon Munch and Mingle 3:00 Summer Beach Hats 4:00 Toss and Talk 6:00 Color by Number 7:00 Evening Bites and Beverages	16 9:30 Morning Music and Simple Stretches 10:00 Parachute Fun with Fox Rehab 10:30 Morning Hydration and Refreshments 11:00 Gardening Club/Patio Time 1:00 Thursday Classic with Fox Rehab 2:00 Scenic Drive/Bull's Eye Competition 2:30 Afternoon Munch and Mingle 3:00 Movie Matinee/One-on-One Room Visits 4:00 Charades 6:00 Word Mining: Backyard Games 7:00 Evening Bites and Beverages	17 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History 10:30 Morning Hydration and Refreshments 11:00 Fun Friday with Fox Rehab 11:30 Bingo/Aromatherapy 1:00 Full Body Pump with Fox Rehab 2:00 Bowling 2:30 Afternoon Munch and Mingle 3:15 Musical Entertainment with Ken Pierson 4:00 Vacation Destination: 6:00 Manicures/Nail Care 7:00 Evening Bites and Beverages	18 9:30 Morning Music and Simple Stretches 10:00 The Perk/Word Games 10:30 Morning Hydration and Refreshments 11:30 Baseball Toss 1:30 Word Unscramble 2:00 Hymn Sing with Phoebe 2:30 Afternoon Munch and Mingle 3:00 Cornhole Competition 4:00 Reminiscing: What Grew In Your Garden? 6:00 Words That Start or End With Trivia 7:00 Evening Bites and Beverages
19 9:30 Morning Music and Simple Stretches 10:00 The Perk/Daily Chronicle Discussion 10:30 Morning Hydration and Refreshments 11:30 Walking Club 1:30 Mid-Day Mobility Exercise Class 2:00 Daily Dose of Humor 2:30 Afternoon Munch and Mingle 3:00 Sing Along with Sara 4:00 Bible Stories for Seniors with Trivia 6:00 Balloon Games 7:00 Evening Bites and Beverages	20 9:30 Morning Music and Simple Stretches 10:00 The Perk/Trivia 10:30 Morning Hydration and Refreshments 11:00 Bowling with Fox Rehab 1:00 Noodle-cise with Fox Rehab 2:00 Quiz Blitz 2:30 Afternoon Munch and Mingle 3:00 Cover the Number/Sensory Bins 4:00 Toss and Talk 6:00 Scattergories 7:00 Evening Bites and Beverages	21 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History 10:30 Morning Hydration and Refreshments 10:30 Sing Along with Phoebe 11:30 Visual Quiz 1:00 Sit-n-Fit with Fox Rehab 2:00 Reveal a Picture Trivia 2:30 Afternoon Munch and Mingle 3:00 Kickball 4:00 Trivia 6:00 Ring Toss 7:00 Evening Bites and Beverages	22 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History 10:30 Morning Hydration and Refreshments 11:00 Jeopardy/Manicures/Nail Care 11:30 Balloon Volleyball with Fox Rehab 1:00 Core Classic with Fox Rehab 2:00 Rebus Puzzles 2:30 Afternoon Munch and Mingle 3:00 Creative Expressions: Scratch Art 4:00 Sorting 6:00 Creative Coloring 7:00 Evening Bites and Beverages	23 9:30 Morning Music and Simple Stretches 10:00 Parachute Fun with Fox Rehab 10:30 Morning Hydration and Refreshments 11:00 Gardening Club/Patio Time 1:00 Thursday Classic with Fox Rehab 2:00 Scenic Drive/Sing Along 2:30 Afternoon Munch and Mingle 3:00 Movie Matinee/One-on-One Room Visits 4:00 Finish the Line 6:00 Word Mining: Great White Shark 7:00 Evening Bites and Beverages	24 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History 10:30 Morning Hydration and Refreshments 11:00 Fun Friday with Fox Rehab 11:30 Lucky Dog Card Game/Aromatherapy Hand Massages 1:00 Full Body Pump with Fox Rehab 2:00 White Board Games 2:30 Afternoon Munch and Mingle 3:15 Musical Entertainment with Rob Ballonoff 4:00 White Board Word Games 6:00 Painting Seashells 7:00 Evening Bites and Beverages	25 9:30 Morning Music and Simple Stretches 10:00 The Perk/Word Games 10:30 Morning Hydration and Refreshments 11:30 Noodle Ball 1:30 Quiz Blitz 2:00 Hymn Sing with Phoebe 2:30 Afternoon Munch and Mingle 3:00 Tic Tac Toe Toss 4:00 Red or Black? 6:00 Watercolor Painting 7:00 Evening Bites and Beverages
26 9:30 Morning Music and Simple Stretches 10:00 The Perk/Daily Chronicle Discussion 10:30 Morning Hydration and Refreshments 11:30 Walking Club 1:30 Cornhole Competition 2:30 Afternoon Munch and Mingle 3:00 Jeopardy Trivia Challenge 4:00 Bible Stories for Seniors with Trivia 6:00 Beach Trip Pictionary 7:00 Evening Bites and Beverages	27 9:30 Morning Music and Simple Stretches 10:00 The Perk/Trivia 10:30 Morning Hydration and Refreshments 11:00 Bowling with Fox Rehab 1:00 Noodle-cise with Fox Rehab 2:00 Name Five 2:30 Afternoon Munch and Mingle 3:00 Name That Tune 4:00 Conversation Uno 6:00 Balloon Basketball 7:00 Evening Bites and Beverages	28 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History 10:30 Morning Hydration and Refreshments 10:30 Sing Along with Phoebe 11:30 Can You List It? 1:00 Sit-n-Fit with Fox Rehab 2:00 This or That? 2:30 Afternoon Munch and Mingle 3:00 Creative Expressions: Air Clay 4:00 Mind Joggers 6:00 A to Z: A Day at the Zoo 7:00 Evening Bites and Beverages	29 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History 10:30 Morning Hydration and Refreshments 11:00 Wheel of Fortune/Manicures/Nail Care 11:30 Balloon Volleyball with Fox Rehab 1:00 Core Classic with Fox Rehab 2:00 Sing Along with Lisa 2:30 Afternoon Munch and Mingle 3:00 Artistic Expressions 4:00 Toss and Talk 6:00 Wood Painting 7:00 Evening Bites and Beverages	30 9:30 Morning Music and Simple Stretches 10:00 Parachute Fun with Fox Rehab 10:30 Morning Hydration and Refreshments 11:00 Gardening Club/Patio Time 1:00 Thursday Classic with Fox Rehab 2:00 Scenic Drive/Bull's Eye Competition 2:30 Afternoon Munch and Mingle 3:00 Movie Matinee/One-on-One Room Visits 4:00 Charades 6:00 Category Word Game: CRUST 7:00 Evening Bites and Beverages	31 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History 10:30 Morning Hydration and Refreshments 11:00 Fun Friday with Fox Rehab 11:30 Bingo/Aromatherapy Hand Massages 1:00 Full Body Pump with Fox Rehab 2:00 Bowling 2:30 Afternoon Munch and Mingle 3:00 Musical Entertainment with Bill Long 4:00 Vacation Destination: 6:00 Manicures/Nail Care 7:00 Evening Bites and Beverages	

Keystone Villa at Douglassville--Memory Care Calendar