



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>May 2026</h1>						
					9:30 Morning Music & Simple Stretches 10:00 The Perk/Today in History 10:30 Morning Hydration and Refreshments 11:00 Fun Friday with Fox 11:30 Bingo/Aromatherapy 1:00 Full Body Pump with Fox 2:00 Lucky Roll Cups Game 2:30 Afternoon Munch and Mingle 3:00 Musical Entertainment by Joey D. 4:00 Quiz Blitz 6:00 Rebus Puzzles 7:00 <u>Evening Bites and Beverages</u>	9:30 Morning Music & Simple Stretches 10:00 The Perk/Word Games 10:30 Morning Hydration and Refreshments 11:30 Balloon Volley 1:00 Movement & Motown 2:00 Hymn Sing with Phoebe 2:30 Afternoon Munch and Mingle 3:00 Wheel of Fortune 4:00 Higher or Lower? 6:00 Word Unscramble 7:00 Evening Bites and Beverages
9:30 Morning Music & Simple Stretches 10:00 The Perk/Daily Chronicle Discussion 10:30 Morning Hydration and Refreshments 11:30 Walking Club 1:15 Midday Mobility Exercise Session 2:00 Daily Dose of Humor 2:30 Afternoon Munch and Mingle 3:00 Quiz Blitz 4:00 Bible Stories for Seniors 6:00 Pictionary 7:00 Evening Bites and Beverages	9:30 Morning Music & Simple Stretches 10:00 The Perk/Trivia 10:30 Morning Hydration and Refreshments 11:00 Bowling with Fox Rehab 1:00 Noodle-cise with Fox Rehab 2:00 Kickball 2:30 Afternoon Munch and Mingle 3:00 Name That Tune 4:00 Toss & Talk 6:00 Balloon Basketball 7:00 Evening Bites and Beverages	9:30 Morning Music & Simple Stretches 10:00 The Perk/Today in History 10:30 Morning Hydration and Refreshments 10:30 Sing Along with Phoebe 11:30 Lucky Dog Card Game 1:00 Sit-N-Fit with Fox Rehab 2:00 Can You List It? 2:30 Afternoon Munch and Mingle 3:00 Vacation Destination: Mexico 4:00 Never Have I Ever Game 6:00 Creative Coloring 7:00 <u>Evening Bites and Beverages</u>	9:30 Morning Music & Simple Stretches 10:00 The Perk/Daily Chronicle Discussion 10:30 Sip & Snack with Therapy Dog Marshall 11:00 Wheel of Fortune/Manicures/Nail Care 11:30 Balloon Volleyball with Fox Rehab 1:00 Core Classic with Fox Rehab 2:00 Sing Along with Lisa 2:30 Afternoon Munch and Mingle 3:00 Gardening Club 4:00 Visual Quiz 6:00 Paint Planters 7:00 <u>Evening Bites and Beverages</u>	9:30 Morning Music & Simple Stretches 10:00 Parachute Fun with Fox Rehab 10:30 Morning Hydration and Refreshments 11:00 White Board Games 11:30 Finish the Line 1:00 Thursday Classic with Fox Rehab 2:00 Bull's Eye Bean Bag Toss 2:30 Afternoon Munch and Mingle 3:00 Movie Matinee/One-on-One Room Visits 4:00 This or That? 6:00 A to Z: Girl Names 7:00 <u>Evening Bites and Beverages</u>	9:30 Morning Music & Simple Stretches 10:00 The Perk/Today in History 10:30 Morning Hydration and Refreshments 11:00 Decorate Birthday Cupcakes 11:30 Reminiscing: Birthdays of the Past 1:00 Full Body Pump with Fox 2:00 Word Hunt 2:30 Happy Birthday Munch and Mingle 3:00 Musical Entertainment by Gypsy Sjn. 4:00 Quiz Blitz 6:00 Word Mining 7:00 <u>Evening Bites and Beverage</u>	9:30 Morning Music & Simple Stretches 10:00 The Perk/Word Games 10:30 Morning Hydration and Refreshments 11:30 Parachute Fun 1:00 Bowling 2:00 Hymn Sing with Phoebe 2:30 Afternoon Munch and Mingle 3:00 Scratch Art 4:00 Classic Song Sing Along 6:00 Balloon Games 7:00 Evening Bites and Beverages
9:30 Morning Music & Simple Stretches 10:00 The Perk/Daily Chronicle Discussion 10:30 Morning Hydration and Refreshments 11:30 Walking Club 1:15 Cornhole 2:00 Jeopardy: Mother's Day Edition 2:30 Afternoon Munch and Mingle 3:00 Aromatherapy Hand Massages 4:00 Bible Stories for Seniors 6:00 Creative Coloring 7:00 Evening Bites and Beverages	9:30 Morning Music & Simple Stretches 10:00 The Perk/Trivia 10:30 Morning Hydration and Refreshments 11:00 Bowling with Fox Rehab 1:00 Noodle-cise with Fox Rehab 2:00 Chalk Art 2:30 Afternoon Munch and Mingle 3:00 Cover the Number/Sensory Bins 4:00 Conversation Uno 6:00 Scattergories 7:00 Evening Bites and Beverages	9:30 Morning Music & Simple Stretches 10:00 The Perk/Today in History 10:30 Morning Hydration and Refreshments 10:30 Sing Along with Phoebe 11:30 Virtual Visit: San Diego Zoo 1:00 Sit-N-Fit with Fox Rehab 2:00 Sorting Activity 2:30 Afternoon Munch and Mingle 3:00 Creative Expressions: Air Clay 4:00 To a "T" Word Game 6:00 Noodle Ball 7:00 <u>Evening Bites and Beverages</u>	9:30 Morning Music & Simple Stretches 10:00 The Perk/Daily Chronicle Discussion 10:30 Morning Hydration and Refreshments 11:00 Jeopardy/Manicures/Nail Care 11:30 Balloon Volleyball with Fox Rehab 1:00 Core Classic with Fox Rehab 2:00 Air Clay 2:30 Afternoon Munch and Mingle 3:00 Gardening Club 4:00 Mind Joggers 6:00 Wood Painting 7:00 <u>Evening Bites and Beverages</u>	9:30 Morning Music & Simple Stretches 10:00 Parachute Fun with Fox Rehab 10:30 Morning Hydration and Refreshments 11:00 Watercolor Painting 11:30 Name Five 1:00 Thursday Classic with Fox Rehab 2:00 Sing Along 2:30 Afternoon Munch and Mingle 3:00 Movie Matinee/One-on-One Room Visits 4:00 Hail Mary Dice Game 6:00 A to Z: Boy Names 7:00 <u>Evening Bites and Beverages</u>	9:30 Morning Music & Simple Stretches 10:00 The Perk/Today in History 10:30 Morning Hydration and Refreshments 11:00 Fun Friday with Fox 11:30 Bingo/Aromatherapy 1:00 Full Body Pump with Fox 2:00 Ping Pong Bounce 2:30 Afternoon Munch and Mingle 3:15 Musical Entertainment by Ken Pierson 4:00 Quiz Blitz 6:00 Category Word Game: NOTES 7:00 <u>Evening Bites and Beverages</u>	9:30 Morning Music & Simple Stretches 10:00 The Perk/Word Games 10:30 Morning Hydration and Refreshments 11:30 Balloon Volley 1:00 Movement & Motown 2:00 Hymn Sing with Phoebe 2:30 Afternoon Munch and Mingle 3:00 Wheel of Fortune 4:00 Red or Black? 6:00 Family Feud 7:00 Evening Bites and Beverages
9:30 Morning Music & Simple Stretches 10:00 The Perk/Daily Chronicle Discussion 10:30 Morning Hydration and Refreshments 11:30 Walking Club 1:15 Midday Mobility Exercise Session 2:00 Poetry and Prose 2:30 Afternoon Munch and Mingle 3:00 Quiz Blitz 4:00 Bible Stories for Seniors 6:00 Pictionary 7:00 Evening Bites and Beverages	9:30 Morning Music & Simple Stretches 10:00 The Perk/Trivia 10:30 Morning Hydration and Refreshments 11:00 Bowling with Fox Rehab 1:00 Noodle-cise with Fox Rehab 2:00 Kickball 2:30 Afternoon Munch and Mingle 3:00 Name That Tune 4:00 Toss and Talk 6:00 Tissue Paper Patriotic Flowers 7:00 Evening Bites and Beverages	9:30 Morning Music & Simple Stretches 10:00 The Perk/Today in History 10:30 Morning Hydration and Refreshments 10:30 Sing Along with Phoebe 11:30 Lucky Dog Card Game 1:00 Sit-N-Fit with Fox Rehab 2:00 Can You List It? 2:30 Afternoon Munch and Mingle 3:00 Vacation Destination: England 4:00 Would You Rather? 6:00 Creative Coloring 7:00 <u>Evening Bites and Beverages</u>	9:30 Morning Music & Simple Stretches 10:00 The Perk/Daily Chronicle Discussion 10:30 Sip & Snack with Therapy Dog Marshall 11:00 Wheel of Fortune/Manicures/Nail Care 11:30 Balloon Volleyball with Fox Rehab 1:00 Core Classic with Fox Rehab 2:00 Sing Along with Lisa 2:30 Afternoon Munch and Mingle 3:00 Gardening Club 4:00 Visual Quiz 6:00 Painting Patriotic Q-Tip Stars 7:00 <u>Evening Bites and Beverages</u>	9:30 Morning Music & Simple Stretches 10:00 Parachute Fun with Fox Rehab 10:30 Morning Hydration and Refreshments 11:00 Rhyme Challenge 11:30 White Board Games 1:00 Thursday Classic with Fox Rehab 2:00 Scenic Drive /Bull's Eye Bean Bag Toss 2:30 Afternoon Munch and Mingle 3:00 Movie Matinee/One-on-One Room Visits 4:00 Finish the Song Lyric 6:00 A to Z: USA/Patriotic 7:00 <u>Evening Bites and Beverages</u>	9:30 Morning Music & Simple Stretches 10:00 The Perk/Today in History 10:30 Morning Hydration and Refreshments 11:00 Build a Bouquet/Trivia 11:30 Mind Joggers 1:00 Full Body Pump with Fox 2:00 Word Hunt 2:30 Afternoon Munch and Mingle 3:15 Musical Entertainment by Tom Guest 4:00 Quiz Blitz 6:00 A Night at the Movies 7:00 <u>Evening Bites and Beverages</u>	9:30 Morning Music & Simple Stretches 10:00 The Perk/Word Games 10:30 Morning Hydration and Refreshments 11:30 Parachute Fun 1:00 Tic Toc Toe Toss 2:00 Hymn Sing with Phoebe 2:30 Afternoon Munch and Mingle 3:00 Magnetic Darts 4:00 Classic Song Sing Along 6:00 Balloon Games 7:00 Evening Bites and Beverages
9:30 Morning Music & Simple Stretches 10:00 The Perk/Daily Chronicle Discussion 10:30 Morning Hydration and Refreshments 11:30 Walking Club 1:15 Cornhole 2:00 Jeopardy Trivia Challenge 2:30 Afternoon Munch and Mingle 3:00 Aromatherapy Hand Massages 4:00 Bible Stories for Seniors 6:00 Color by Number 7:00 Evening Bites and Beverages	9:30 Morning Music & Simple Stretches 10:00 The Perk/Trivia 10:30 Morning Hydration and Refreshments 11:00 Bowling with Fox Rehab 1:00 Noodle-cise with Fox Rehab 2:00 Memorial Day Word Games & Trivia 2:30 Afternoon Munch and Mingle 3:00 Patriotic Sing Along 4:00 Conversation Uno 6:00 Memorial Day Word Mining 7:00 Evening Bites and Beverages	9:30 Morning Music & Simple Stretches 10:00 The Perk/Today in History 10:30 Morning Hydration and Refreshments 10:30 Non-Denominational Church Services 11:00 Sing Along with Phoebe 1:00 Sit-N-Fit with Fox Rehab 2:00 Sorting Activity 2:30 Afternoon Munch and Mingle 3:00 Creative Expressions: Air Clay 4:00 Ring Toss 6:00 Noodle Ball 7:00 <u>Evening Bites and Beverages</u>	9:30 Morning Music & Simple Stretches 10:00 The Perk/Daily Chronicle Discussion 10:30 Morning Hydration and Refreshments 11:00 Jeopardy/Manicures/Nail Care 11:30 Balloon Volleyball with Fox Rehab 1:00 Core Classic with Fox Rehab 2:00 Air Clay 2:30 Afternoon Munch and Mingle 3:00 Gardening Club 4:00 Mind Joggers 6:00 Mandala Sand Art 7:00 <u>Evening Bites and Beverages</u>	9:30 Morning Music & Simple Stretches 10:00 Parachute Fun with Fox Rehab 10:30 Morning Hydration and Refreshments 11:00 Watercolor Painting 11:30 White Board Games 1:00 Thursday Classic with Fox Rehab 2:00 Scenic Drive /Sing Along 2:30 Afternoon Munch and Mingle 3:00 Movie Matinee/One-on-One Room Visits 4:00 Hail Mary Dice Game 6:00 A to Z: Gardening 7:00 <u>Evening Bites and Beverages</u>	9:30 Morning Music & Simple Stretches 10:00 The Perk/Today in History 10:30 Morning Hydration and Refreshments 11:00 Fun Friday with Fox 11:30 Bingo/Aromatherapy 1:00 Full Body Pump with Fox 2:00 Lucky Roll Cups Game 2:30 Afternoon Munch and Mingle 3:15 Musical Entertainment by Lorri W. 4:00 Quiz Blitz 6:00 Category Word Game: ROBIN 7:00 <u>Evening Bites and Beverages</u>	9:30 Morning Music & Simple Stretches 10:00 The Perk/Word Games 10:30 Morning Hydration and Refreshments 11:30 Balloon Volley 1:00 Movement and Motown 2:00 Hymn Sing with Phoebe 2:30 Afternoon Munch and Mingle 3:00 Wheel of Fortune 4:00 Higher or Lower? 6:00 Riddle Me This 7:00 Evening Bites and Beverages
9:30 Morning Music & Simple Stretches 10:00 The Perk/Daily Chronicle Discussion 10:30 Morning Hydration and Refreshments 11:30 Walking Club 1:15 Midday Mobility Exercise Session 2:00 Daily Dose of Humor 2:30 Afternoon Munch and Mingle 3:00 Quiz Bltiz 4:00 Bible Stories for Seniors 6:00 Pictionary 7:00 Evening Bites and Beverages						

Please Note: Calendar and Times are Subject to Change

Keystone Villa at Douglassville--Memory Care Calendar