

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>May 2026</h1>						
					<p>9:00 Stretch &amp; Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Fun Friday with Fox Rehab 10:30 Villa Volunteers: Sunshine Club 2:00 <b>Happy Hour with Entertainment by Clay Mc Elwee</b> 3:00 Full Body Pump with Fox Rehab 3:15 Shu eboard Competition 4:00 Category Word Game: NOTES</p> <p style="text-align: center;">May Day</p>	<p>9:00 Morning Stretch and Daily Chronicle Discussion 9:45 Sing Along with Shelley 10:30 Start of the Month: George Lucas 1:15 Movie Matinee: <i>Moneyball</i> 1:30 Cover the Number 2:30 Kentucky Derby Races 3:30 <b>Rebecca Plays Guitar and Sings</b></p>
<p>9:00 Morning Stretch and Daily Chronicle Discussion 9:45 Morning Movie: <i>Maid in Manhattan</i> 10:00 Bible Study: The Keystone Villa Seekers 10:30 Pamper Yourself: Hand Massages 1:30 <b>Mother's Day Ice Cream Social</b> 2:00 Non-Denominational Church Services with Pastor Torres 3:00 Word Mining</p>	<p>9:00 Stretch &amp; Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Cornhole with Fox Rehab 10:00 Gardening Club 11:00 Cranium Crunches &amp; Wacky Wordies 1:30 Bingo 2:30 <b>The Villa Showcase</b> 3:15 Card Club 4:00 Core Classic with Fox Rehab</p>	<p>9:00 Stretch &amp; Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 <b>Intergenerational Activity with St. Gabe's Learning Center</b> 11:00 Better Balance with Fox Rehab 1:15 Non-Denominational Church Services with St. Gabriel's 2:00 Destination Education: Mexico 3:00 Sit-n-Fit with Fox Rehab 3:00 Billiards 3:45 <i>Who Am I?</i> Trivia</p>	<p>9:00 Stretch &amp; Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:15 Noodle-cise with Fox Rehab 11:00 Therapy Dog Marshall Visits 1:15 <b>Trip to Walmart</b> 2:30 Psalms &amp; Prayers with Ashley 3:30 Theraband Mash-up with Fox Rehab 4:00 Lucky Dog Card Game 5:45 Evening Movie: <i>Laws of Attraction</i> 6:00 Bingo</p>	<p>9:00 Stretch &amp; Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Balloon Volleyball 10:00 Gardening Club 10:30 Men's Club with Brian 11:00 Better Balance with Fox Rehab 1:00 <b>Trip to Buck Hollow Llamas Farm</b> 2:00 Thursday Classic with Fox Rehab 2:30 Faith &amp; Fellowship Watching 3:00 Beginner's Brush: Cherry Blossoms 5:45 Evening Movie: <i>Mamma Mia!</i> 6:00 <b>Dementia Support Group/Men's Min.</b></p>	<p>9:00 Stretch &amp; Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Fun Friday with Fox Rehab 10:30 Villa Volunteers: Birthday Party Prep 2:00 <b>Happy Birthday Happy Hour with Entertainment by Maria Damore</b> 3:00 Full Body Pump with Fox Rehab 3:15 Shu eboard Competition 4:00 Famous May Birthdays Trivia</p>	<p>9:00 Morning Stretch and Daily Chronicle Discussion 9:45 Rolling Pin &amp; Reminisce: Strawberry Cream Cheese Pound Cake 10:30 Group Crossword Puzzle 1:15 Movie Matinee: <i>It's a Mad, Mad, Mad, Mad World</i> 1:30 Jeopardy: Mother's Day Edition 2:30 Afternoon Social and Tasty Treats 3:15 Water Coloring Painting</p>
<p>9:00 Morning Stretch and Daily Chronicle Discussion 9:45 Morning Movie: <i>Anna and the King</i> 10:00 Bible Study: The Keystone Villa Seekers 10:00 Piano Music Performed by Zachary 1:15 Sunday Sundae Social 1:30 Phillies Fans: Phillies Vs Rockies 2:00 Hymn Sing with Lisa 3:00 Mother's Day Trivia &amp; Word Games</p> <p style="text-align: center;"><b>Mother's Day</b></p>	<p>9:00 Stretch &amp; Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Cornhole with Fox Rehab 11:00 Reveal a Picture 1:30 Bingo 2:30 Sing Along in Memory Care 3:00 Piano Music by Marina 4:00 Core Classic with Fox Rehab</p>	<p>9:00 Stretch &amp; Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Pokeno 11:00 Better Balance with Fox Rehab 1:15 Non-Denominational Church Services with St. Gabriel's 2:00 Patriotic Tea Party 3:00 Sit-n-Fit with Fox Rehab 3:00 Billiards 3:45 <i>What Am I?</i> Trivia</p>	<p>9:00 Stretch &amp; Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:15 Noodle-cise with Fox Rehab 11:00 Tricky Trivia 1:15 <b>Trip to Wegman's</b> 2:30 Therapy Dog Winter Visits 3:30 Theraband Mash-up with Fox Rehab 4:00 Candy Roll 5:45 Evening Movie: <i>The Kid</i> 6:00 <b>Coventry Chorus Performs</b></p>	<p>9:00 Stretch &amp; Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Noodle Ball 10:00 Gardening Club 11:00 Better Balance with Fox Rehab 1:00 <b>As Time Goes By Performance</b> 2:00 Thursday Classic with Fox Rehab 2:30 Faith &amp; Fellowship Watching 3:00 Creative Expressions: Patriotic Banner</p>	<p>9:00 Stretch &amp; Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Fun Friday with Fox Rehab 10:30 <b>The Villa Store</b> 10:45 Catholic Communion Services by Immaculate Conception Church 2:00 <b>Happy Hour with Entertainment by Ken Pierson</b> 3:00 Full Body Pump with Fox Rehab 3:15 Shu eboard Competition 4:00 Word Unscramble</p>	<p>9:00 Morning Stretch and Daily Chronicle Discussion 9:45 Sing Along with Shelley 10:30 Celebrate Armed Forces Day 1:15 Movie Matinee: <i>The Undeafed</i> 1:30 Cover the Number 2:30 Balloon Volleyball 3:30 Can You List It?</p> <p style="text-align: center;"><b>Armed Forces Day</b></p>
<p>9:00 Morning Stretch and Daily Chronicle Discussion 9:45 Morning Movie: <i>The Legend of Zorro</i> 10:00 Bible Study: The Keystone Villa Seekers 10:30 Pamper Yourself: Hand Massages 1:15 Soda Float Social 1:30 Phillies Fans: Phillies Vs Pirates 2:00 Non-Denominational Church Services with Pastor Taylor 3:00 <i>Conversation Uno</i></p>	<p>9:00 Stretch &amp; Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Cornhole with Fox Rehab 10:00 Gardening Club 11:00 Group Crossword Puzzle 1:30 Bingo 2:30 Word Search Competition 3:15 Card Club 4:00 Core Classic with Fox Rehab</p>	<p>9:00 Stretch &amp; Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 <b>Intergenerational Activity with St. Gabe's Learning Center</b> 11:00 Better Balance with Fox Rehab 1:15 Non-Denominational Church Services with St. Gabriel's 2:00 <b>Animal Encounter Series: Elmwood Zoo</b> 3:00 Sit-n-Fit with Fox Rehab 3:00 Billiards 3:45 <i>Where Am I?</i> Trivia 5:30 <b>USO SHOW</b></p>	<p>9:00 Stretch &amp; Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:15 Noodle-cise with Fox Rehab 11:00 Therapy Dog Marshall Visits 11:15 <b>Lunch at Red Lobster</b> 1:00 <b>Daniel Boone High School Choir Spring Concert Performance</b> 2:30 Psalms &amp; Prayers with Ashley 3:30 Theraband Mash-up with Fox Rehab 4:00 Ping Pong Connect Four 5:45 Evening Movie: <i>Adventures of Don Juan</i> 6:00 Bingo</p>	<p>9:00 Stretch &amp; Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Balloon Volleyball 10:00 Gardening Club 10:30 Men's Club with Brian 11:00 Better Balance with Fox Rehab 11:15 <b>Trip to Trappe Community Music Sch.</b> 2:00 <b>PC/IL Joint Exercise Class</b> 2:30 Faith &amp; Fellowship Watching 3:00 Artistic Expressions: Patriotic Flag Sky 5:45 Evening Movie: <i>The Dawn Patrol</i> 6:00 <b>Men's Ministry</b></p>	<p>9:00 Stretch &amp; Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Fun Friday with Fox Rehab 10:30 Villa Volunteers: Welcome Ambassadors 2:00 <b>Happy Hour with Entertainment by Tom Guest</b> 3:00 Full Body Pump with Fox Rehab 3:15 Shu eboard Competition 4:00 Category Word Game: ROBIN</p>	<p>9:00 Morning Stretch and Daily Chronicle Discussion 9:45 Rolling Pin &amp; Reminisce: Strawberry Blondies 10:30 Creative Expressions: Patriotic Banner 1:15 Movie Matinee: <i>The Charge of the Light Brigade</i> 1:30 Seated Yoga 2:30 Afternoon Social and Tasty Treats 3:15 3-D Floral Vases</p>
<p>9:00 Morning Stretch and Daily Chronicle Discussion 9:45 Morning Movie: <i>Dive Bomber</i> 10:00 Bible Study: The Keystone Villa Seekers 10:30 Mini-Manicures 1:15 Sunday Sundae Social 1:30 Phillies Fans: Phillies Vs Guardians 2:00 Hymn Sing with Lisa 3:00 Memorial Day A to Z and Other Trivia</p>	<p>9:00 Stretch &amp; Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Cornhole 10:00 Gardening Club 11:00 Happy Memorial Day Word Mining 1:30 Bingo 2:30 Red, White, &amp; Blue Social</p> <p style="text-align: center;"><b>Memorial Day</b></p>	<p>9:00 Stretch &amp; Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Pokeno 11:00 Better Balance with Fox Rehab 1:15 Non-Denominational Church Services with St. Gabriel's 2:30 <b>Townhall Meeting</b> 3:00 Sit-n-Fit with Fox Rehab 3:00 Billiards 3:45 New Resident Social: Sip, Meet, Mingle</p>	<p>9:00 Stretch &amp; Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:15 Noodle-cise with Fox Rehab 11:00 Memorable Men: The Life of John Wayne 1:15 <b>Trip to Redner's</b> 2:30 Therapy Dog Winter Visits 3:30 Theraband Mash-up with Fox Rehab 4:00 Cup Collectors Game 5:45 Evening Movie: <i>Gentleman Jim</i> 6:00 Bingo</p>	<p>9:00 Stretch &amp; Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Noodle Ball 10:00 Gardening Club 10:30 Men's Club with Brian 11:00 Better Balance with Fox Rehab 1:00 <b>This Is Your Health Wellness Talk</b> 2:00 Thursday Classic with Fox Rehab 2:30 Faith &amp; Fellowship Watching 3:00 Karaoke Fun 5:45 Evening Movie: <i>Gone</i> 6:00 <b>PC/IL Joint Bingo</b></p>	<p>9:00 Stretch &amp; Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Fun Friday with Fox Rehab 11:00 Riddle Me This 2:00 <b>Happy Hour with Entertainment by Lorri Woodward</b> 3:00 Full Body Pump with Fox Rehab 3:15 Shu eboard Competition 4:00 Summer Vacation Destinations A to Z</p>	<p>9:00 Morning Stretch and Daily Chronicle Discussion 9:45 Sing Along with Shelley 10:30 Travelogue: Get to Know Guatemala 1:15 Movie Matinee: <i>Mission Impossible III</i> 1:30 Cover the Number 2:30 Balloon Volleyball 3:30 Can You List It?</p>
<p>9:00 Morning Stretch and Daily Chronicle Discussion 9:45 Morning Movie: <i>The Man in the Iron Mask</i> 10:00 Bible Study: The Keystone Villa Seekers 10:30 Pamper Yourself: Hand Massages 1:15 Strawberry Sundae Social 2:00 Creative Expressions: Summer Wood Cut Outs 3:00 Wheel of Fortune</p>	<p>Please Note: Calendar is subject to change. Please refer to your Daily Program for the most up-to-date information!</p>					

## Keystone Villa at Douglassville--Personal Care Activity Calendar