

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Please Note: Calendar is Subject to Change		1 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History Discussion 10:30 Hymn Sing with Phoebe 10:30 Morning Hydration and Refreshments 11:30 Visual Quiz 1:00 Sit-n-Fit with Fox Rehab 2:00 Finish the Line 2:30 Afternoon Munch and Mingle 3:00 Tic Tac Toe Toss Competition 4:00 Jeopardy 6:00 Creative Coloring 7:00 Evening Bites and Beverages	2 9:30 Morning Music and Simple Stretches 10:00 The Perk/Daily Chronicle/Lucky Dog 10:30 Morning Hydration and Refreshments 11:00 Virtual Visit: San Diego Zoo 11:30 Balloon Volleyball with Fox Rehab 1:00 Core Classic with Fox Rehab 2:00 Sing Along with Lisa 2:30 Afternoon Munch and Mingle 3:00 Aromatherapy 4:00 Mind Joggers 6:00 Balloon Games 7:00 Evening Bites and Beverages	3 9:30 Morning Music and Simple Stretches 10:00 Cornhole with Fox Rehab 10:30 Morning Hydration and Refreshments 11:00 Gardening Club/Patio Time 1:00 Thursday Classic with Fox Rehab 2:00 Scenic Drive/Sing Along 2:30 Afternoon Munch and Mingle 3:00 Movie Matinee/One-on-One Room Visits 4:00 Trivia 6:00 Rebus Puzzles 6:00 Dementia Support Group 7:00 Evening Bites and Beverages	4 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History/Watercolors 10:30 Morning Hydration and Refreshments 11:00 Fun Friday with Fox 1:00 Full Body Pump with Fox Rehab 2:00 Craft: Apple Painting 2:30 Afternoon Munch and Mingle 3:15 Musical Entertainment by Ken Pierson 4:00 White Board Games 6:00 Manicures/Nail Care 7:00 Evening Bites and Beverages	5 9:30 Morning Music and Simple Stretches 10:00 The Perk/Word Games 10:30 Morning Hydration and Refreshments 11:30 Reveal a Picture 1:30 Noodle Ball 2:00 Family Feud 2:30 Afternoon Munch and Mingle 3:00 Wheel of Fortune 4:00 Higher or Lower? 6:00 Saturday Night Sing Along 7:00 Evening Bites and Beverages
6 9:30 Morning Music and Simple Stretches 10:00 The Perk/Daily Chronicle Discussion 10:30 Morning Hydration and Refreshments 11:30 Family Feud 1:00 Hymn Sing with Phoebe 2:00 Cornhole Competition 2:30 Afternoon Munch and Mingle 3:00 Jeopardy Trivia Challenge 4:00 Bible Stories and Daily Devotions 6:00 Scattergories: Back to School Edition 7:00 Evening Bites and Beverages	7 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History Discussion 10:30 Morning Hydration and Refreshments 11:30 Bowling Competition 1:30 Mid-Day Mobility Exercise Class 2:00 Labor Day Trivia and Games 2:30 Afternoon Munch and Mingle 3:00 Wheel of Fortune: Labor Day Edition 4:00 Conversaton Uno 6:00 A to Z Occupations 7:00 Evening Bites and Beverages Labor Day	8 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History 10:30 Hymn Sing with Phoebe 11:30 Would You Rather? 1:00 Sit-n-Fit with Fox Rehab 2:00 Can You List It? 2:30 Afternoon Munch and Mingle 3:00 Bull's Eye Competition 4:00 Watercolors 6:00 Word Mining: Orchestra Instruments 7:00 Evening Bites and Beverages	9 9:30 Morning Music and Simple Stretches 10:00 The Perk/Daily Chronicle/Jingo 10:30 Morning Hydration and Refreshments 11:00 Riddle Me This 11:30 Balloon Volleyball with Fox Rehab 1:00 Core Classic with Fox Rehab 2:00 Finish the Line 2:30 Afternoon Munch and Mingle 3:00 Who Am I? Trivia 4:00 Quiz Blitz 6:00 Color by Number 7:00 Evening Bites and Beverages	10 9:30 Morning Music and Simple Stretches 10:00 Cornhole with Fox Rehab 10:30 Morning Hydration and Refreshments 11:00 Gardening Club/Patio Time 12:00 Themed Lunch: Back to School 1:00 Thursday Classic with Fox Rehab 2:00 Scenic Drive/Sing Along 2:30 Afternoon Munch and Mingle 3:00 Movie Matinee/One-on-One Room Visits 4:00 Trivia 6:00 Category Word Game: FIELD 7:00 Evening Bites and Beverages	11 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History/Crafting 10:30 Morning Hydration and Refreshments 11:00 Fun Friday with Fox 1:00 Full Body Pump with Fox Rehab 2:00 Decorate & Enjoy Birthday Cupcakes 2:30 Afternoon Munch and Mingle 3:00 Musical Entertainment by Joey D. 4:00 White Board Games 6:00 Manicures/Nail Care 7:00 Evening Bites and Beverages Rosh Hashanah Begins	12 9:30 Morning Music and Simple Stretches 10:00 The Perk/Word Games 10:30 Morning Hydration and Refreshments 11:30 Balloon Toss 1:30 Parachute Fun 2:00 Hymn Sing with Phoebe 2:30 Afternoon Munch and Mingle 3:00 Artist's Corner: Scratch Art 4:00 Scattergories 6:00 Saturday Night Sing Along 7:00 Evening Bites and Beverages Community Day & Car Show 10a-2p
13 9:30 Morning Music and Simple Stretches 10:00 The Perk/Daily Chronicle Discussion 10:30 Morning Hydration and Refreshments 11:30 Walking Club 1:30 Mid-Day Mobility Exercise Class 2:00 Washers 2:30 Afternoon Munch and Mingle 3:00 Spin & Think: Grandparents Edition 4:00 Bible Stories and Daily Devotions 6:00 Word Mining: Grandparents Day 7:00 Evening Bites and Beverages Grandparents Day	14 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History/Bingo 10:30 Morning Hydration and Refreshments 11:00 Bowling with Fox Rehab 1:00 Noodle-cise with Fox Rehab 2:15 Piano Music with Marina 2:30 Afternoon Munch and Mingle 3:00 Remembering 1970s Music 4:00 Toss and Talk 6:00 Hangman 7:00 Evening Bites and Beverages	15 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History 10:30 Hymn Sing with Phoebe 11:30 Visual Quiz 1:00 Sit-n-Fit with Fox Rehab 2:00 A to Z: Back to School 2:30 Afternoon Munch and Mingle 3:00 Tic Tac Toe Toss 4:00 Jeopardy 6:00 Creative Coloring 7:00 Evening Bites and Beverages	16 9:30 Morning Music and Simple Stretches 10:00 The Perk/Daily Chronicle/Lucky Dog 10:30 Morning Hydration and Refreshments 11:00 Virtual Visit: Monterrey Aquarium 11:30 Balloon Volleyball with Fox Rehab 1:00 Core Classic with Fox Rehab 2:00 Sing Along with Lisa 2:30 Afternoon Munch and Mingle 3:00 Aromatherapy 4:00 Mind Joggers 6:00 Balloon Games 7:00 Evening Bites and Beverages	17 9:30 Morning Music and Simple Stretches 10:00 Cornhole with Fox Rehab 10:30 Morning Hydration and Refreshments 11:00 Gardening Club/Patio Time 1:00 Thursday Classic with Fox Rehab 2:00 Sing Along 2:30 Afternoon Munch and Mingle 3:00 Movie Matinee/One-on-One Room Visits 4:00 Trivia 6:00 Rebus Puzzles 7:00 Evening Bites and Beverages	18 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History/Art Corner 10:30 Morning Hydration and Refreshments 11:00 Fun Friday with Fox 1:00 Full Body Pump with Fox Rehab 2:00 Craft: Leaf Painting 2:30 Afternoon Munch and Mingle 3:15 Musical Entertainment by Gypsy Sojourn 4:00 White Board Games 6:00 Manicures/Nail Care 7:00 Evening Bites and Beverages	19 9:30 Morning Music and Simple Stretches 10:00 The Perk/Word Games 10:30 Morning Hydration and Refreshments 11:30 Reminiscing: Old Time Ads & Jingles 1:30 Noodle Ball 2:00 Hymn Sing with Phoebe 2:30 Afternoon Munch and Mingle 3:00 Wheel of Fortune 4:00 Red or Black? 6:00 Saturday Night Sing Along 7:00 Evening Bites and Beverages Oktoberfest Begins
20 9:30 Morning Music and Simple Stretches 10:00 The Perk/Daily Chronicle Discussion 10:30 Morning Hydration and Refreshments 11:30 Family Feud 1:30 Cornhole Competition 2:30 Afternoon Munch and Mingle 3:00 Jeopardy Trivia Challenge 4:00 Bible Stories and Daily Devotions 6:00 Pictionary: 1970s Themed 7:00 Evening Bites and Beverages Yom Kippur Begins	21 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History Discussion 10:30 Morning Hydration and Refreshments 11:00 Bowling with Fox Rehab 1:00 Noodle-cise with Fox Rehab 2:00 Name That Tune: Pictograms 2:30 Afternoon Munch and Mingle 3:00 Name Five 4:00 Conversation Uno 6:00 Scattergories 7:00 Evening Bites and Beverages	22 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History 10:30 Hymn Sing with Phoebe 11:30 Pondering Prompts 1:00 Sit-n-Fit with Fox Rehab 2:00 Can You List It? 2:30 Afternoon Munch and Mingle 3:00 Bull's Eye Competition 4:00 Watercolors 6:00 A to Z: Autumn 7:00 Evening Bites and Beverages Autumn Begins	23 9:30 Morning Music and Simple Stretches 10:00 The Perk/Daily Chronicle/Cover It 10:30 Morning Hydration and Refreshments 11:00 Riddle Me This 11:30 Balloon Volleyball with Fox Rehab 1:00 Core Classic with Fox Rehab 2:00 Name Five 2:30 Afternoon Munch and Mingle 3:00 What Am I? Trivia 4:00 Quiz Blitz 6:00 Wood Painting 7:00 Evening Bites and Beverages	24 9:30 Morning Music and Simple Stretches 10:00 Cornhole with Fox Rehab 10:30 Morning Hydration and Refreshments 11:00 Gardening Club/Patio Time 1:00 Thursday Classic with Fox Rehab 2:00 Scenic Drive/Sing Along 2:30 Afternoon Munch and Mingle 3:00 Movie Matinee/One-on-One Room Visits 4:00 Trivia 6:00 Category Word Game: SLIDE 7:00 Evening Bites and Beverages	25 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History/Crafting 10:30 Morning Hydration and Refreshments 11:00 Fun Friday with Fox 1:00 Full Body Pump with Fox Rehab 2:00 Painting Class: Fall Scenes 2:30 Afternoon Munch and Mingle 3:00 Musical Entertainment by Steven Barth 4:00 White Board Games 6:00 Manicures/Nail Care 7:00 Evening Bites and Beverages Sukkot Begins	26 9:30 Morning Music and Simple Stretches 10:00 The Perk/Word Games 10:30 Morning Hydration and Refreshments 11:30 Balloon Toss 1:30 Parachute Fun 2:00 Hymn Sing with Phoebe 2:30 Afternoon Munch and Mingle 3:00 Artist's Corner: Clay Art 4:00 Scattergories 6:00 Saturday Night Sing Along 7:00 Evening Bites and Beverages
27 9:30 Morning Music and Simple Stretches 10:00 The Perk/Daily Chronicle Discussion 10:30 Morning Hydration and Refreshments 11:30 Walking Club 1:30 Mid-Day Mobility Exercise Class 2:00 Washers 2:30 Afternoon Munch and Mingle 3:00 Sing Along with Sarah 4:00 Bible Stories and Daily Devotions 6:00 A to Z: Football Season 7:00 Evening Bites and Beverages	28 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History/Bingo 10:30 Morning Hydration and Refreshments 11:00 Bowling with Fox Rehab 1:00 Noodle-cise with Fox Rehab 2:00 Family Feud 2:30 Afternoon Munch and Mingle 3:00 Name That Tune: One Hit Wonders of the 50s and 60s 4:00 Toss and Talk 6:00 Hangman 7:00 Evening Bites and Beverages	29 9:30 Morning Music and Simple Stretches 10:00 The Perk/Today in History 10:30 Hymn Sing with Phoebe 11:30 Visual Quiz 1:00 Sit-n-Fit with Fox Rehab 2:00 Name That Tune with Bristol Hospice 2:30 Afternoon Munch and Mingle 3:00 Tic Tac Toe Toss 4:00 Jeopardy 6:00 Creative Coloring 7:00 Evening Bites and Beverages	30 9:30 Morning Music and Simple Stretches 10:00 The Perk/Daily Chronicle/Lucky Dog 10:30 Morning Hydration and Refreshments 11:00 Virtual Vacation: Germany 11:30 Balloon Volleyball with Fox Rehab 1:00 Core Classic with Fox Rehab 2:00 All About Oktoberfest 2:30 Afternoon Munch and Mingle 3:00 Aromatherapy 4:00 Mind Joggers 6:00 Balloon Games 7:00 Evening Bites and Beverages			

Keystone Villa at Douglassville--Memory Care Calendar