

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Please Note: Calendar is subject to change. Please refer to your Daily Program for the most up-to-date information.		1 9:00 Stretch and Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Pokeno 11:00 Better Balance with Fox Rehab 1:15 Non-Denominational Church Services with St. Gabriel's Church 2:00 The Villa Showcase 3:00 Sit-n-Fit with Fox Rehab 3:45 Mocktails, Cocktails, and Connections	2 9:00 Stretch and Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:15 Noodle-cise with Fox Rehab 11:00 Art Appreciation: Grandma Moses 1:15 Trip to Walmart 2:30 Psalms and Prayers with Ashley 3:30 Theraband Mashup with Fox Rehab 4:00 Lucky Dog Card Game 5:45 Evening Movie: <i>Field of Dreams</i> 6:00 Bingo	3 9:00 Stretch and Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Balloon Volleyball 10:30 Men's Club with Brian 11:00 Better Balance with Fox Rehab 1:00 Bake Sale Brigade 2:00 Thursday Classic with Fox Rehab 3:00 Faith and Fellowship Watching 4:00 Who Am I? Trivia 6:00 Dementia Support Group	4 9:00 Stretch and Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Fun Friday with Fox Rehab 10:45 Villa Volunteers: Welcome Ambassadors 2:00 Happy Hour with Entertainment by Ken Pierson 3:00 Full Body Pump with Fox Rehab 3:15 Shuffleboard Competition 4:00 Bounce and Score Game	5 9:00 Morning Stretch and The Daily Chronicle Discussion 9:45 Sing Along with Shelley 10:45 Star of the Month: John Travolta 1:15 Movie Matinee: <i>The Greatest Game Ever Played</i> 1:30 Cover the Number 2:30 Noodle Ball 3:30 Can You List It?
6 9:00 Morning Stretch and the Daily Chronicle Discussion 9:45 Morning Movie: <i>The Great Escape</i> 10:00 Bible Study: The KV Seekers 11:00 Pamper Yourself: Hand Massage 1:15 Ice Cream Novelty Social 1:30 Phillies Fans: Phillies Vs Braves 2:00 Non-Denominational Church Services with Pastor Torres 3:00 Wheel of Fortune 3:45 Right on Time or Haven't Left Game	7 9:00 Morning Stretch and Daily Chronicle Discussion 10:00 Cornhole 11:00 Five Clues: What Job is It? 1:30 Bingo 2:30 Occupations A to Z and Labor Day Trivia Labor Day	8 9:00 Stretch and Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Intergenerational Program with Good Shepard Learning Center 11:00 Better Balance with Fox Rehab 1:15 Non-Denominational Church Services with St. Gabriel's Church 2:00 Apple Orchard Tea Party 3:00 Sit-n-Fit with Fox Rehab 3:45 Team Trivia on the Rocks	9 9:00 Stretch and Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:15 Noodle-cise with Fox Rehab 11:00 Therapy Dog Marshall Visits 11:15 Lunch at Outback Steakhouse 2:30 Therapy Dog Winter Visits 3:30 Theraband Mashup with Fox Rehab 4:00 Candy Roll 5:45 Evening Movie: <i>Blue Hawaii</i> 6:00 Bingo	10 9:00 Stretch and Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Noodle Ball 10:30 Men's Club with Brian 11:00 Better Balance with Fox Rehab 11:30 Themed Lunch: Back to School 1:00 Bake Sale Brigade 2:00 Thursday Classic with Fox Rehab 3:00 Faith and Fellowship Watching 4:00 Category Word Game: FIELD 5:45 Evening Movie: <i>Footloose</i> 6:00 Men's Ministry with Brian	11 9:00 Stretch and Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Fun Friday with Fox Rehab 10:45 Villa Volunteers: Birthday Party Prep 2:00 Happy Birthday Happy Hour with Entertainment by Tacoma Sunset 3:00 Full Body Pump with Fox Rehab 3:15 Shuffleboard Competition 4:00 Who Am I? Famous September Birthdays Rosh Hashanah Begins	12 9:00 Morning Stretch and The Daily Chronicle Discussion 9:45 Rolling Pin & Reminisce: Cinnamon Apple Bread 10:45 Listen & Learn: The BeeJees 1:15 Movie Matinee: <i>The Grapes of Wrath</i> 1:30 Pictionary: 1970s 2:30 Afternoon Social and Tasty Treats 3:00 Mini-Manicures/Nail Care Community Day & Car Show 10a-2p
13 9:00 Morning Stretch and the Daily Chronicle Discussion 9:45 Morning Movie: <i>Happy Gilmore</i> 10:00 Piano Music with Zachary 10:00 Keystone Seeker's Prayer Circle 11:00 The History Behind G-Parents Day 1:15 Sunday Sundae Social 1:30 Phillies Fans: Phillies Vs Braves 2:00 Hymn Sing with Lisa 3:00 Grandparents Day Word Games Grandparents Day	14 9:00 Stretch and Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:15 Daniel Boone Library and KVAD Host Story Time 1:30 Bingo 2:30 Word Search Competition 3:00 Piano Music by Marina 3:15 Card Club/Scrabble 4:00 Core Classic with Fox Rehab	15 9:00 Stretch and Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Pokeno 11:00 Better Balance with Fox Rehab 1:15 Non-Denominational Church Services with St. Gabriel's Church 2:00 Caramel Apple Dipping Bar 3:00 Sit-n-Fit with Fox Rehab 3:45 Cocktails, Mocktails, and Karaoke	16 9:00 Stretch and Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:30 Fox's Trivia Challenge 11:00 Listen and Learn: B.B. King 1:15 Trip to Kohl's 2:30 Psalms and Prayers with Ashley 3:30 Theraband Mashup with Fox Rehab 4:00 Ping Pong Connect Four 5:45 Evening Movie: <i>Catch Me if You Can</i> 6:00 Bingo	17 9:00 Stretch and Flex with Fox Rehab 9:30 Trip to Weaver's Orchard 11:00 Better Balance with Fox Rehab 1:00 Jeopardy 2:00 PC/IL Joint Exercise Class 3:00 Faith and Fellowship Watching 3:00 The Dish Food Meeting 4:00 Riddle Me This 5:45 Evening Movie: <i>The Chronicles of Narnia</i> 6:00 PC/IL Joint Bingo	18 9:00 Stretch and Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Fun Friday with Fox Rehab 10:30 The Villa Store 10:45 Catholic Communion Services with Immaculate Conception Church 2:00 Happy Hour with Entertainment by Gypsy Sojourn 3:00 Full Body Pump with Fox Rehab 3:15 Shuffleboard Competition 4:00 Roll in the Hole Game	19 9:00 Morning Stretch and The Daily Chronicle Discussion 9:45 Sing Along with Shelley 10:45 Travelogue: Meet Me in Montreal 1:15 Movie Matinee: <i>Saving Mr. Banks</i> 1:30 Cover the Number 2:30 Noodle Ball 3:30 Can You List It? Oktoberfest Begins
20 9:00 Morning Stretch and the Daily Chronicle Discussion 9:45 Morning Movie: <i>Hoosiers</i> 10:00 Bible Study: The Keystone Seekers 11:00 Pamper Yourself: Hand Massage 1:15 Soda Float Social 1:30 Phillies Fans: Phillies Vs Mets 2:00 Church Services with Pastor 3:00 Balloon Volleyball 3:45 Conversation Uno Yom Kippur Begins	21 9:00 Stretch and Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Cornhole with Fox Rehab 11:00 Cranium Crunches and Wacky Wordies 1:30 Bingo 2:30 Inspiring Art with Linda 3:15 Card Club/Scrabble 4:00 Core Classic with Fox Rehab	22 9:00 Stretch and Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Intergenerational Program with Good Shepard Learning Center 11:00 Better Balance with Fox Rehab 1:15 Non-Denominational Church Services with St. Gabriel's Church 2:00 Pottsgrove Manor Presents Struggles of a Revolutionary Gen. 3:00 Sit-n-Fit with Fox Rehab 3:45 Team Trivia on the Rocks Autumn Begins	23 9:00 Stretch and Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:15 Noodle-cise with Fox Rehab 11:00 Therapy Dog Marshall Visits 1:15 Trip to Redner's 2:30 Therapy Dog Winter Visits 3:30 Theraband Mashup with Fox Rehab 4:00 Cup Collectors Game 5:45 Evening Movie: <i>G.I. Blues</i> 6:00 Bingo	24 9:00 Stretch and Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Noodle Ball 10:30 Men's Club with Brian 11:00 Better Balance with Fox Rehab 1:00 Wheel of Fortune 2:00 Thursday Classic with Fox Rehab 3:00 Faith and Fellowship Watching 4:00 Category Word Game: SLIDE 5:45 Evening Movie: <i>Forrest Gump</i> 6:00 Men's Ministry with Brian	25 9:00 Stretch and Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Fun Friday with Fox Rehab 10:45 Villa Volunteers: Welcome Ambassadors 2:00 Happy Hour with Entertainment by Wahl Street 3:00 Full Body Pump with Fox Rehab 3:15 Shuffleboard Competition 4:00 What Am I? Trivia Sukkot Begins	26 9:00 Morning Stretch and The Daily Chronicle Discussion 9:45 Rolling Pin & Reminisce: Apple Blondie Bars 10:45 Word Mining: Harvest Moon 1:15 Movie Matinee: <i>Driving Miss Daisy</i> 1:30 Who Am I? Famous Football Players 2:30 Afternoon Social and Tasty Treats 3:00 Mini-Manicures/Nail Care
27 9:00 Morning Stretch and the Daily Chronicle Discussion 9:45 Morning Movie: <i>The Odd Couple</i> 10:00 Bible Study: The Keystone Seekers 11:00 Word Unscramble 1:15 Sunday Sundae Social 2:00 Hymn Sing with Lisa 3:00 Classical Moments: Mozart 3:45 Word Mining: Orchestra Instruments	28 9:00 Stretch and Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Cornhole with Fox Rehab 11:00 Reveal a Picture 1:30 Bingo 2:30 Inspiring Art with Linda 3:15 Card Club/Scrabble 4:00 Core Classic with Fox Rehab	29 9:00 Stretch and Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:00 Pokeno 11:00 Better Balance with Fox Rehab 1:15 Non-Denominational Church Services with St. Gabriel's Church 2:30 Townhall Meeting 3:00 Sit-n-Fit with Fox Rehab 3:45 New Resident Social: Sip, Meet, Mingle	30 9:00 Stretch and Flex with Fox Rehab 9:30 The Daily Chronicle Discussion 10:15 Noodle-cise with Fox Rehab 11:00 Name That Tune: One Hit Wonders of the '50s and '60s 1:15 Trip to Dollar Tree 2:30 Creative Corner: Ribbon Apple Tree Suncatchers 3:30 Theraband Mashup with Fox Rehab 4:00 Racing Suits 5:45 Evening Movie: <i>The Notebook</i> 6:00 Bingo			

Keystone Villa at Douglassville--Personal Care Calendar